

## Volunteer Recruitment

Mayo Clinic Health System in Fairmont is seeking interested individuals who want to volunteer at the medical center. Volunteers can provide patients and visitors with hospitality, services and amenities through dedicated volunteers who give their time and talent to honor Mayo's commitment that the needs of the patient come first. There are many benefits to volunteering including meeting new people, offering your skills and a caring spirit, making an impact on other people's lives, exploring opportunities in the healthcare field, and giving back to your local community. Volunteers can fill several different roles including: Gift Shop, Information Desk, Oncology, STEP Force, and Hospice.



### For more information

please contact the Volunteer Office at 507-594-6364 or at the website [www.mayoclinichealthsystem.org/locations/fairmont/volunteer](http://www.mayoclinichealthsystem.org/locations/fairmont/volunteer).

## Department Spotlight



Each month in Speaking of Health, a department and service will be featured as an opportunity to recognize medical center staff, their work, and contributions to Fairmont's healthcare services. This month's feature is the Mayo Clinic Health System in Fairmont Pharmacy Team.

The Fairmont pharmacy team provides many services including patient care responsibilities with clinical monitoring of hospitalized patients, preparing and monitoring distribution of medications, and providing medication therapy management services in the clinic setting. The pharmacists are supported by pharmacy technicians who provide support with data and products.

Medication Therapy Management (MTM) is a specific service to patients that is offered in the outpatient setting. MTM provides education and consultations for the medications you're taking. During a consultation, a pharmacist meets with you to discuss all your medications including prescriptions, over the counter drugs, vitamins, and dietary or herbal supplements. To schedule an appointment for medication therapy management, please call 507-238-8500.

Mayo Clinic Health System in Fairmont would like to share a nod of thanks to our pharmacy team for their compassion and excellence they bring to the team.

Pharmacy technicians Nikki Hector and Glenda Hector and Pharmacists Eric Mathiowetz, Allison Young, Cassica Jobe.

## Employee Recognition

Employee recognition is an important part of the health care work environment, and we are excited to feature a new employee recognition program called the Blue Heart Award. Each month, a MCHS Fairmont Staff member is recognized for going above and beyond.

The January Blue Heart Award recipient is Stacy Evans, a technician in the Emergency Department. Stacy was nominated for her sensitive and compassionate care to patients.

**Congratulations, Stacy!**



## Journey to Wellness

Being healthy, or keeping your workforce healthy, can be hard. Wading through all the resources can be overwhelming. Mayo Clinic Health System has cut through the noise and bundled key materials into free monthly toolkits to keep you, your family, your friends, and your employees healthy.

### Program benefits include:

- Get reliable and accurate information from a trusted health care source.
- Have resources and activities at your fingertips.
- Save time by using the toolkit resources delivered directly to your inbox.

### How it works:

Each month, we'll focus on a different aspect of healthy living. During this yearlong program, you use the provided resources and activities, choosing those that are important to you and completing them on your schedule. Those who register will receive access to a new toolkit each month that includes resources such as blogs, videos, handouts and activities. You'll also have access to explore resources from previous months.

### Register today by visiting:

[www.mayoclinichealthsystem.org/wellness/journey](http://www.mayoclinichealthsystem.org/wellness/journey)